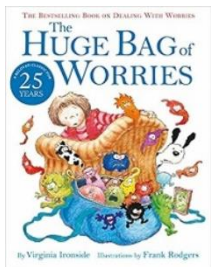
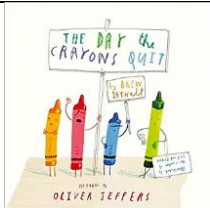
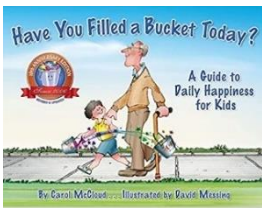
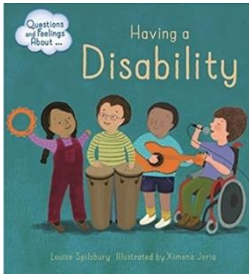
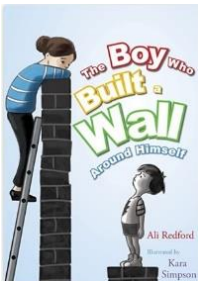


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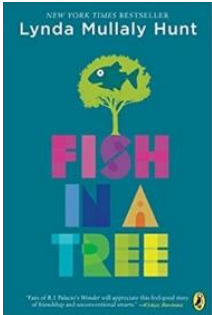
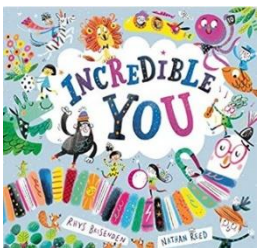
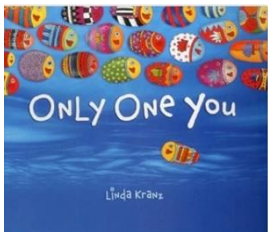
Title and Author	Front Cover	Age Range	Overview
The Huge Bag of Worries by Virginia Ironside		Age 4 - 8	Worries and Anxiety Wherever Jenny goes, her worries follow her - in a big blue bag. They are with her all the time - at school, at home, when she is watching TV and even in the bathroom! Jenny decides they have to go, but who will help her get rid of them? A funny and reassuring look at dealing with worries and anxiety
The Day the Crayons Quit by Oliver Jeffers		Age 3 - 6	Perseverance Duncan just wants to do some colouring - but when he opens his box of crayons, he finds a whole bundle of letters of complaint. The crayons aren't happy. Can Duncan come up with a solution to keep the crayons happy - before they quit colouring for good?
Have you Filled a Bucket Today by Carol Mc Cloud		Age 3 - 6	Kindness This heart-warming book has become a classic, selling over a million copies, and is listed as one of the top children's books that encourage kindness towards others. It encourages positive behaviour by using the concrete concept of an 'invisible bucket' that holds your good thoughts and feelings. When you do something kind, you fill someone's bucket; when you do something mean, you dip into someone's bucket and remove some good thoughts and feelings.
Having a Disability by Louise Spilsbury		Age 4 - 7	Coping with a Disability How do you help a young child deal with disability or explain what that means? This book is designed to help children with their questions and feelings about tricky topics that can be hard to talk about. The exquisite and approachable illustrations to give a comforting story book feel. A perfect aid to help children open up and explore how they feel and steps they can take to help them cope.

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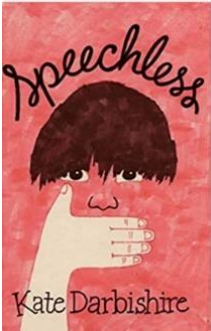
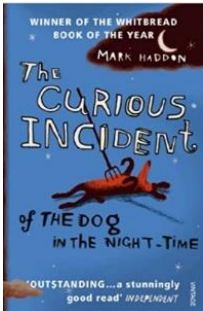
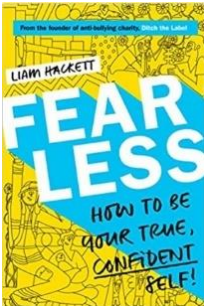
Title and Author	Front Cover	Age Range	Overview
M is for Autism by Vicki Martin		Age 9+	Autism Welcome to M's world. It's tipsy-turvy, sweet and sour, and the beast of anxiety lurks outside classrooms ready to pounce. M just wants to be like other teenagers her age who always know what to say and what to do. So why does it feel like she lives on a different plane of existence to everyone else? Written by the students of Lingsfield Grange, a school for girls with Autism Spectrum Disorder with communication and interaction difficulties, <i>M is for Autism</i> draws on real life experiences to create a heartfelt and humorous novel that captures the highs and lows of being different in a world of normal.
The Boy who Built a Wall Around Himself by Ali Redford		Age 4 - 9	Feelings Boy built a wall to keep himself safe. Behind it he felt strong and more protected. Then Someone Kind came along. She bounced a ball, sang and painted on the other side of the wall, and Boy began to wonder if life on the other side might be better after all. This book uses a simple metaphor to explain how children who have had painful or traumatic experiences can build barriers between themselves and other people. It will help children explore their feelings and encourage communication.
The Colour Monster by Anna Llenas		Age 2 - 5	Feelings One day, Colour Monster wakes up feeling very confused. His emotions are all over the place; he feels angry, happy, calm, sad and scared all at once! To help him, a little girl shows him what each feeling means through colour.

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Fish in a Tree by Lynda Mullaly Hunt		Age 10+	Dyslexia Ally has been smart enough to fool a lot of smart people. Every time she lands in a new school, she is able to hide her inability to read by creating clever yet disruptive distractions. However, her newest teacher Mr. Daniels sees the bright, creative kid underneath the trouble maker. With his help, Ally learns not to be so hard on herself and that dyslexia is nothing to be ashamed of.
Incredible You By Rhys Brisenden and Nathan Reed		Age 3 - 8	Confidence Ever had a bad day and wished that you were someone else? Perhaps a mountain gorilla? Or a fierce tiger? But wait . . . just think of all the amazing things that you can do!
Only One You by Linda Kranz		Age 2 - 5	Confidence There's only one you in this great big world. Make it a better place. Adri's mama and papa share some of the wisdom they have gained through the years with their eager son. Their words, simple and powerful, are meant to comfort and guide him as he goes about exploring the world.
Ruby's Worries by Tom Percival		Age 3 - 7	Worry and Anxiety Ruby loves being Ruby. Until, one day, she finds a worry. At first it's not such a big worry, and that's all right, but then it starts to grow. It gets bigger and bigger every day and it makes Ruby sad. How can Ruby get rid of it and feel like herself again? A perceptive and poignant. This is the perfect book for discussing childhood worries and anxieties, no matter how big or small they may be.

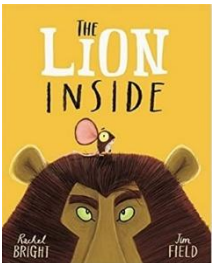
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Title and Author	Front Cover	Age Range	Overview
Speechless by Kate Darbishire		Age 10+	Inclusion and Diversity - Cerebral Palsy Eleven-year-old Harriet has Cerebral Palsy. At her new Secondary School, she is bullied and ridiculed every day and she doesn't know how to make friends. Charlotte tries – but how do you talk to someone who won't talk back? Harriet is plucky and resilient but is she brave enough to face up to her challenges? Speechless is being used in schools across the UK to encourage conversations about inclusion and diversity.
The Curious Incident of the Dog in the Night-time by Mark Haddon			Inclusion and Diversity – Asperger's Syndrome A murder mystery novel like no other. The detective, and narrator, is Christopher Boone. Christopher is fifteen and has Asperger's Syndrome. He knows a very great deal about maths and very little about human beings. He loves lists, patterns and the truth. He hates the colours yellow and brown and being touched. He has never gone further than the end of the road on his own, but when he finds a neighbour's dog murdered he sets out on a terrifying journey which will turn his whole world upside down.
Fear Less: How to be your true confident self by Liam Hackett		Age 10+	Mental Health and Stereotypes Fearless shows that by breaking free from labels and stereotypes, together we can build a generation who are healthy, happy and can truly realize their full potential. Fearless explores how stereotypes influence everything – from how you feel about your body, to your interests and career aspirations. Includes: interviews with and quotes from inspirational people who defy stereotypes, such as female politicians and male dancers and games and activities to get you thinking outside the box.

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Title and Author	Front Cover	Age Range	Overview
The Invisible String by Patrice Karst and Joanne Lew-Vriethoff		Age 3 - 6	Separation, Loss and Loneliness The Invisible String the perfect tool for coping with all kinds of separation anxiety, loss, and grief. In this relatable and reassuring contemporary classic, a mother tells her two children that they're all connected by an invisible string. "That's impossible!" the children insist, but still they want to know more: "What kind of string?" The answer is the simple truth that binds us all: An Invisible String made of love. Even though you can't see it with your eyes, you can feel it deep in your heart, and know that you are always connected to the ones you love.
The Lion Inside by Rachel Bright and Jim Field		Age 1 - 4	Self- esteem and Confidence In a dry dusty place where the sand sparkled gold, stood a mighty flat rock, all craggy and old. And under that rock in a tiny house, lived the littlest, quietest, meekest brown mouse. Fed up of being ignored by the other animals, Mouse wishes he could roar like Lion. But, as he discovers, even the biggest, bossiest people are scared sometimes ... and even the smallest creatures can have the heart of a lion!
The Only Way is Badger by Stella J. Jones and Carmen Saldana		Age 3 - 6	Accepting Differences Badgers are best. Or so Badger thinks. "If it's not black and white then it's just not right!" he says. But what if he's wrong? A book about acceptance, difference and learning to say sorry.

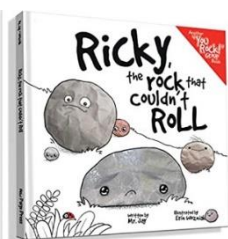
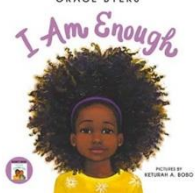
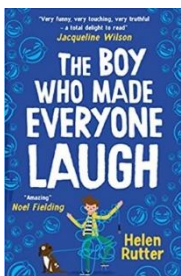
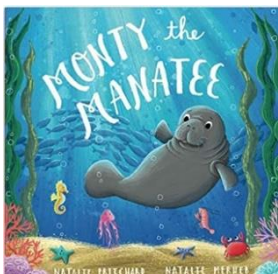
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Title and Author	Front Cover	Age Range	Overview
Wonder by R. J. Palacio		Age 9 - 11	Accepting Differences Auggie wants to be an ordinary ten-year-old. He does ordinary things - eating ice cream, playing on his Xbox. He <i>feels</i> ordinary - inside. But ordinary kids don't make other ordinary kids run away screaming in playgrounds. Ordinary kids aren't stared at wherever they go. Born with a terrible facial abnormality, Auggie has been home-schooled by his parents his whole life. Now, for the first time, he's being sent to a real school - and he's dreading it. All he wants is to be accepted - but can he convince his new classmates that he's just like them, underneath it all?
The Proudest Blue: A story of Hijab and Family by Ibtihaj Muhammad		Age 4 - 7	Accepting Differences It's Faizah's first day of school, and her older sister Asiya's first day of hijab – made of a beautiful blue fabric. But not everyone sees hijab as beautiful. In the face of hurtful, confusing words, will Faizah find new ways to be strong? This is an uplifting, universal story of new experiences, the unbreakable bond shared by siblings and of being proud of who you are, from Olympic medallist Ibtihaj Muhammad.
Different – A great thing to be by Heather Avis and Sarah Mensinga		Age 4 - 7	Accepting Differences This joyful rhyming book encourages children to value the "different" in all people, leading the way to a kinder world in which the differences in all of us are celebrated and embraced. Macy is a girl who's a lot like you and me, but she's also quite different, which is a great thing to be. With kindness, grace, and bravery, Macy finds her place in the world, bringing beauty and laughter wherever she goes and leading others to find delight in the unique design of every person.

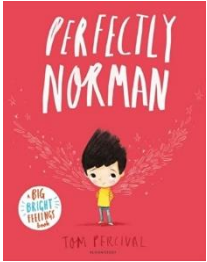
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Title and Author	Front Cover	Age Range	Overview
Ricky, the Rock that Couldn't Roll by Mr Jay and Erin Wozniak		Age 4 - 7	Friendship and Perseverance Ricky, can't roll with his friends. Unlike all of the other rocks, who are all round, Ricky can't roll because he's flat on one side. Determined not to leave their friend behind, the rocks set out to help Ricky roll - one way or another This sweet, imaginative picture book, written in verse, brings a fresh set of characters to life in a story that highlights perseverance and triumph in the face of adversity and the power of true friendship.
I Am Enough by Grace Byers		Age 5 - 8	Confidence and Self Belief This gorgeous, lyrical ode to loving who you are, respecting others, and being kind to one another. We are all here for a purpose. We are more than enough. We just need to believe it.
The Boy Who Made Everyone Laugh by Helen Rutter		Age 8 - 11	Stammer and Confidence Billy Plimpton is an eleven-year-old boy with a big dream. He wants to be a stand-up comedian when he grows up: delivering pinpoint punch-lines and having audiences hang on his every hilarious word. A tough career for anyone, but surely impossible for Billy, who has a stammer. How will he find his voice, if his voice won't let him speak?
Monty the Manatee by Natalie Pritchard and Natalie Merheb		Age 4 - 7	Kindness and Anti-bullying Meet Monty. He's a big creature with an even bigger heart. Monty's nervous because it's his first day at Sea School. He tries to make new friends but the other sea creatures think he's a bit slow and strange....so they're mean to him and call him names! When a dangerous predator invades the classroom and threatens to eat them all for his supper, Monty comes up with a plan. Is he brave or clever enough to save them all? The other creatures don't think he is.

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Perfectly Norman by Tom Percival		Age 1 - 5	Accepting Diversity Norman had always been perfectly normal . . . until the day he grew a pair of wings! Norman loves his new wings, and has the most fun ever trying them out high in the sky. But then he has to go in for dinner. What will his parents think? What will everyone else think? Norman feels the safest plan is to cover his wings with a big coat. But hiding the thing that makes you different proves tricky and upsetting. Can Norman ever truly be himself?